



## ADOLESCENT PARENTING PROGRAM

### *Helping Teen Parents & Their Babies toward a Better Future*

#### OVERVIEW

- The Adolescent Parenting Program (APP) invests in the future of North Carolina by supporting teen parents in becoming self sufficient and better able to support themselves and their families.
- Through home visiting, group educational sessions, and intensive individual case management services, APP aims to: (1) Increase graduation from high school; (2) Increase enrollment in post-secondary education and successful transition to adulthood; (3) Delay a subsequent pregnancy; (4) Increase healthy births; (5) Increase appropriate discipline and nurturing behavior; and (6) Increase age-appropriate development and school readiness of children.
- APP services help teen parents establish a strong, stable foundation upon which their baby will be raised. By investing in teen parents today, the program protects the future of two generations—the young parents themselves and their babies.
- APP is administered through Teen Pregnancy Prevention Initiatives (TPPI), which is mandated by North Carolina General Statutes (NCGS) 130A-131.15A. TPPI provides four-year competitive grants to local communities to prevent teen pregnancies.

#### IMPACT ON NORTH CAROLINA IN 2008-2009

- Only 10, or 1.6%, of the 618 teen parents enrolled in APP had a repeat pregnancy, while the overall repeat pregnancy rate among teens in North Carolina is 29.4%.
- While parenthood is the leading cause of school dropout among teen girls in the U.S., the dropout rate among APP participants was 5.99%, which is only one percent higher than the dropout rate among the general student population in North Carolina (4.97%).
- More than three out of four of the 155 APP graduates reported enrollment in post-secondary education, vocational training, or the military.
- Reports of abuse or neglect were filed on 7.8% of children ages 0-5 in North Carolina. With the support of APP, only 2.27% of children of APP participants were the subjects of reports of abuse or neglect, and only .49% (n=3) of those reports were substantiated.

#### FOR MORE INFORMATION

Teen Pregnancy Prevention Initiatives  
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[www.teenpregnancy.ncdhhs.gov](http://www.teenpregnancy.ncdhhs.gov)